



Fine Motor Boot Camp: Building play, language, cognition & fine motor skills using simple everyday materials

Learning Goals/Objectives:

- Build knowledge in play-based learning, fine motor, visual-spatial, visual-motor, and language skills in early childhood.
- Gain “tips & tricks” for sneaking fine motor and language practice into simple routines & activities.
- Create learning activities using simple household materials.
- Learn how to differentiate (upgrade & downgrade) activities to meet individual needs.

Course Description:

Our course will provide background on the importance of play, language and fine motor development in early childhood. Building on the idea that children can learn, create and play with anything, we are empowering parents, therapists and educators to “think outside the box” and use readily available household items as intervention materials. Each hands-on activity takes only 5-15 minutes to set up and complete. Participants will learn how to differentiate activities to meet varying levels of cognitive, language and fine motor needs. Be prepared to leave ready to ditch the electronics and inspired to create and play!

Course Outline: 2.5 hours

- ❖ Role, examples and research on the importance of play in early childhood.
 - 30 minutes
- ❖ Fine Motor Development in early childhood.
 - 40 minutes
- ❖ Language Development in early childhood.
 - 30 minutes
- ❖ Demonstration and samples of activities that build fine motor and language skills using simple materials with ways to integrate activities into virtual intervention.
 - 30 minutes
- ❖ Create & share your own activities.
 - 20 minutes